

CHANGE EM WAYS COMMUNITIES

WORKSHOP



Week	Monday	Tuesday	Wednesday	Thursday	Friday
1	Travel	Session 1 On Country Camp Introduction to CEW	Session 2 On Country Camp Impact of Colonisation, Intergenerationa l Trauma & Lateral Violence	On Country camp	Travel
2	Travel	Session 3 What is Family Violence	Session 4 How Violence Affects our Families & Communities	Session 5 Jealousy & Trust	Travel
3	PROGRAM BREAK	PROGRAM BREAK	PROGRAM BREAK	PROGRAM BREAK	PROGRAM BREAK
4	Travel	Session 6 Cycle of Violence	Session 7 Stages of Change	Session 8 Healthy Relationships & Respectful Communication	Travel
5	Travel	Session 9 Alcohol & Other Drugs	Session 10 Managing Emotions	Session 11 Personal Plan Staying Strong & Completion ceremony	Travel

*On country days to be announced