



### CEO NEWS

**PETER MITCHELL**

View from the CEO's desk

Warm greetings from MOSAC staff to our directors, community members, partners and supporters, here in Broome, the Kimberley, and elsewhere.

We have passed the midpoint of the year, and now in cool Barrgana season it's hard to believe how we were coping with the rain and heat, not so many months ago in steamy Manggala time. So much has happened in those months; with key events being:

- Massive flooding of Fitzroy Crossing and other Valley communities, with the damage to the Great Northern Highway and the Fitzroy Crossing bridge putting our services to Derby, Fitzroy Crossing and the East Kimberley on hold for months. We look forward to being able to offer increased support to those communities in the second half of the year.
- Successfully completed arrangements to begin a new AOD education and prevention service in partnership with KCADS (WACHS) with a new AKG Peer Educator in Derby and Halls Creek.
- Our new Together We Ride team successfully engaging with a group of at-risk teenage boys in Broome, with feedback from their families, other agencies, and the boys themselves being very positive. We are very proud of the TWR team for making an impact on an issue which has been causing so much concern to the Broome community in recent years.
- Mens Health and Wellbeing team adding innovations to its Drop-In service for homeless and vulnerable men, such as a barber service which helps in making deeper connections with men who otherwise do not engage positively with services.
- Launch of Dijun Way, YoungN Deadly, a new primary prevention domestic violence program that delivers workshops on key topics such as consent and healthy relationships in schools and through media messaging across the Kimberley.
- Hosting a NAIDOC event "Following in their Tracks" held in partnership with Kullarri Patrol/Mamabulanjin. We had several hundred people attend, who were treated to great food and live music. We were very glad to honour the spirit of our Elders and appreciated the support of the agencies and staff who attended.
- The launch of our "Family Outreach Service" (FOS) which is representative of more than half of our programs in supporting women and children. FOS also aligns with our recent growth and addition of diverse programs, and our strategic direction to build on the more than 20 years of MOSAC supporting men in the Kimberley to now provide a holistic, trauma-informed service for whole of family and community.

For more information about the work of MOSAC visit our website at [www.mensoutreach.org.au](http://www.mensoutreach.org.au).

I congratulate our staff and all involved in supporting them with their work in providing vital services to support Mabu Liyarn for people, families and communities in Broome and the Kimberley.

Gala mabu,  
Peter Mitchell.



### DIJUN WAY (YOUNGN DEADLY)

The CEW team recently launched our newly funded family and domestic violence (FDV) primary prevention program, Dijun Way, (DW) which comprises 6 educational workshops for youth aged 12 – 18, within schools in Broome and other communities in the West Kimberley. This brand new program will be delivered by two facilitators and also use social media and radio platforms to distribute key content, post information, send positive messaging, and aims to improve overall awareness and education in the Kimberley about FDV, using the slogan 'We can all help stop it at the start!' We'll keep you updated!



### DAY ON COUNTRY AT GABUNANYA

*There is nothing better for the liyarn than to spend a day in nature.*

Team MOSAC had a great day at Gabunanya on Friday 8th May enjoying fishing, team building activities, and perfect weather. The MHW team excelled in their catering with a delicious lunch. Days on Country promote wellness in the workplace and increases collaboration between teams. Special thanks to Judy Edgar and Di Appleby from Yawuru for supporting our access to Gabunanya. A fantastic day was had by all.



## Strong men, Strong families, Strong communities.

### YOUTH WEEK 2023

Youth Services hosted their first ever event for Youth Week 2023, 'Becoming: With Others We Dream'. The focus was on how young people can dream themselves a better world, then use their skills, love, care, and knowledge to help others grow. To become in the world, you must dream with others. The youth enjoyed an afternoon of Funergy activities, a range of stalls and prizes, education on the incredible services available within our community, AKG Social & Emotional Wellbeing sessions and a BBQ cooked by the Together We Ride team. A huge thank you to all organisations who supported us in making this such an amazing event.



### MOSAC NAIDOC EVENT

On Tuesday 27th June the MOSAC team guided by our Cultural Reference Group, along with Kullarri Patrol and Mamabulanjin hosted a NAIDOC event as part of the 2023 Kullarri NAIDOC Festival. Around 200 people joined the celebrations and enjoyed a feed of salmon, beef, roo tail and damper along with great entertainment by Seaside Drifters with a guest appearance from John Bennet and Olive Knight. The day was a great success.

### FIRST AID

Team MOSAC recently completed First Aid training and all staff are now accredited in basic emergency life support and providing cardiopulmonary resuscitation.



## Change Em Ways Broome & Communities

TEAM LEADER: DEBBIE MEDHURST

The Change Em Ways (CEW) Broome team has had a very busy year so far, and as of July is nearing completion of its second 8 week workshop of the year, (workshop 17), with 6 men remaining in the group. The partners of all men enrolled in CEW are also supported through our Strong Women, Strong Families program. In the men's group, facilitators are reporting high levels of engagement and participation in the content. As usual, the program commenced with a 3 day On Country camp, this time in an area called Thomas Well just outside Djarindjin / Lombadina, in a beautiful bay on the coast. 7 clients and 3 staff attended this highly successful camp, which was led by our Cultural Guidance Worker, Nelson Bieundurry.

The CEW Communities team have successfully completed workshops in Bidadanga, Kununurra and Fitzroy Crossing already this year, and at time of writing are just about to travel to Kununurra again for the second ever workshop in this location. Two workshops will be completed in each of the three locations in 2023. Their hectic schedule will see this team of facilitators, along with the Partner Support Worker and Cultural Guidance Worker travel a minimum of 18,116km across the whole year! So far, the team has navigated significant challenges including road closures and adverse weather, and disruption associated with the closure of the Fitzroy Crossing Bridge after severe flooding, which adversely impacted on attendance rates. Despite all of this, the team delivered all scheduled workshops to completion, and is providing outreach support to 10 men who have completed all sessions of the Communities workshops.



## Men's Health & Wellbeing

TEAM LEADER: TEE JAY WORRIGAL

The Men's Health & Wellbeing (MHWB) team has welcomed a new staff member, Simon Hunter, all the way from Geelong in Victoria. Simon has been a great asset to the team. We have continued the service delivery of the Prison Health program and Time to Work Employment Service in Broome and Derby prison, maintaining a strong professional relationship with the prison staff and inmates with successful and improved outcomes for individual clients. Hamersley outreach service have now opened a barber shop for all men who visit the centre. This has been a wonderful addition and men are leaving feeling great about themselves and their well-being. An outdoor shower has been placed out the side of the building which has been well utilised, as well as washing machines and a dryer for clients to wash and groom, making their spirits calm and giving them a welcome break from life's hardships. The drop-in space out the front continues to be heavily utilised for men to make tea and coffee, as well as a place to sit and just be, as well as an opportunity to chat with the team. An average of twenty men attend drop-in each day and are further supported with referrals to other agencies as required. BRAMS & KAMS also use the drop in space to run wellbeing and health sessions including health checks and KPHU ran a session for flu vaccinations. The MHWB team travelled to the Fitzroy Valley, Fitzroy Crossing and Derby with Mibbinbah Spirit Healing, the creators of Be the Best You Can Be (Mad Bastards) Program and conducted workshops. Additionally, Tee Jay, Bevis and Simon have recently completed workshops in Derby and Broome prisons which resulted in very positive feedback and requests to provide more workshops in future. Every fortnight Bobby from MHWB and the drop-in clients have been joining Kullarri Patrol on their on-country outings. This has been great for connecting clients and building relationships.



## Youth Services

TEAM LEADER: KEVIN MCKENZIE

### ALIVE & Kicking Goals!

As usual, AKG has been heavily involved in the West Kimberley community, providing much-needed support throughout, as well as supporting a small part of the Pilbara. We've delivered 47 workshops through visits to Broome Senior High School, Derby District High School, Emama Nguda Aboriginal Corporation, Nirrumbuk, Broome Youth & Family Hub, Christ the King Catholic School (Djarindjin) and West Angelas mine site (through our Partnership with Rio Tinto), a total of 750 participants overall. Our 1 on 1 mentoring has increased with 18 young people actively engaging. A huge achievement was hosting our first MOSAC Youth Services Youth Week event with support from a range of local organisations providing information, fun activities and games, clothing donations and a delicious feed. It was great to see a good turnout. Our next exciting challenge is recruiting two new AKG positions, one in Derby, and one in Halls Creek as part of our new partnership with KMHDS and KCADS. This will give us the capacity to increase regular support in those areas.

### Together We Ride (TWR).

TWR has really taken shape with a team of 4 Mentors and 1 Coordinator working with young males deemed at risk aged between 12-14. We currently have 25 young people referred, with 18 regularly engaged. This year we've had two successful on Country camps (14 clients attended) which happen every 6 weeks with an on Country activity also scheduled every 6 weeks, alternating with the camps. Other aspects are intensive 1 on 1 sessions, 5 rostered days a fortnight to support school attendance and positive activities after hours, regular family engagement with a nominated family member, activities - lifestyle skills (cooking, cleaning, hygiene etc), SEWB workshops, healthy risk taking and giving back to the community. We are challenging the youth crime behaviour and encouraging positive engagement back into our community and education system, while strengthening family and cultural connections.

