

Debbie Medhurst

Born in England, emigrated to Australia in 2009. I love the Top End, particularly the Kimberley.



Team Leader Change 'Em Ways Programs

My Why:

Having experiences in life and learning from them; so I can be better at helping to make a positive difference in the lives of others.

Timeline:

I've lived, studied and worked on both sides of the world; I graduated from university twice before I settled on a career which was for around 16 years in criminal justice but more recently has been in human services working with disadvantaged people. I choose roles which are challenging and give me an opportunity to learn and grow; whilst helping make things better for others; my work with Mens Outreach Services AC over the last few years is no exception to this.

Hobbies:

Walking my dogs on the beach, being in nature, storm watching, travelling and seeing new places, photography, reading, watching movies, yoga, meditation.

Passions:

Life in general!

In today's rush we all think too much, see too much, want too much and forget about the joy of just being... now is all there ever is. There is no past or future except as a memory or anticipation in your mind. Eckhart Tolle

Nelson Bieundurry

I am a Wangkatjungka/Walmartjarri man on my father's side and a Bunuba/Gooniyandi man on my mother's side, my skin group is Tjapanangka/Tjungurrayi and my totem animal is the catfish from the Fitzroy River.

Cultural Guidance Worker Change 'Em Ways Teams



My Why:

Because I feel I can make a difference.

Hobbies:

Watching movies, walking, learning new things and enjoying quiet time.

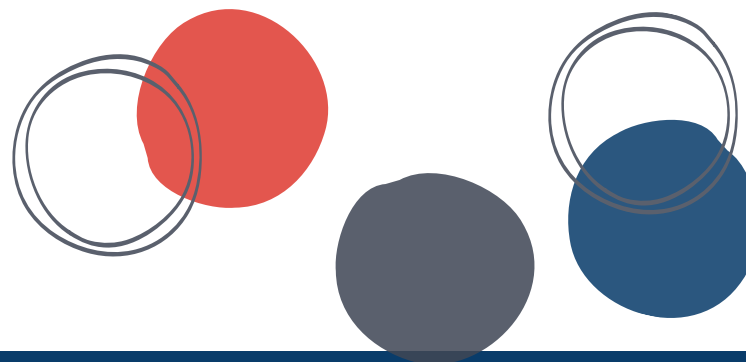
Timeline:

I started work with Change Em Ways in October 2022.

Passions:

Learning new things.

“The future belongs to those that prepare for it today”
Malcolm X.



Kamaia Puha

Māori/Australian

Project Officer Change 'Em Ways Teams



My Why:

I am passionate about personal development and mental wellbeing. I want to play a part in eliminating barriers for people of the Kimberley and the next generation coming through by improving resources, equal opportunities, giving people the knowledge and confidence to seek the appropriate help or services when needed.

Timeline:

I have lived in the Kimberley all my life. Schooling: Derby, Perth, Broome and Margaret River.
Employment: Retail, Administration, Research Officer and have been working as a Project Officer for MOSAC since July 2021.

Hobbies:

Spending time with my family, travelling, fishing, netball, gym.

Passions:

Family and striving to be a great mum, personal growth, Mental health advocacy, traveling, being open-minded and learning new things.

Work
hard,
dream
big!

Nic Glauser

Born in Switzerland, moved to Australia as a baby, grew up in Perth and have lived in Broome since 2011.

Coordinator/Facilitator Change 'Em Ways Broome

My Why:

I have seen the impact of family violence from many different angles. I believe that it is at the root of many issues we face in our community and in society. I feel privileged to have the opportunity to work in this space, helping men take ownership of their behaviours and begin the challenging work of making change, both for themselves and those around them.

Timeline:

2019 Diploma of Community Development and 2008 Trade Cert Chef. Before working in the human services sector I worked as a chef for about 12 years traveling and working in different parts of the world. I moved to Broome in 2011 with my wife and changed careers landing a role at Youth Justice as a Community Work Officer. This role introduced me to many of the young people and families that I still work with today. I took an opportunity to learn about Mens Behaviour Change in 2017 in a role with Anglicare as a facilitator for the Kimberley Family Violence Service. Another opportunity presented itself at Mens Outreach Service in 2018 where I have been privileged to be involved in the facilitation and development of the Change Em ways program.

Hobbies:

My Family, I have two boys and a wonderful wife. I enjoy playing sport, camping and fishing with them. I like to spend time in the veggie garden growing food. I enjoy playing and coaching soccer and I am a massive fan of the MIGHTY Freo Dockers.



Life is 10%
percent what
happens to
you and 90%
how we react
to it.

Lucy Dann

Goolarrgoon Bardi (West) – Mainlanders
& Jawi - Islander or Island People.

Facilitator Change 'Em Ways Broome



My Why:

“Prisons do not disappear social problems, they disappear human beings. Homelessness, hopelessness, FDV, unemployment, drug addiction, mental illness, and education is only a few of the problems that disappear from public view when the human beings contending to them are relegated!

Timeline:

Swan District Education
Beachboro, Dept Ab Affairs Perth,
Curtin University, Centrecare
Midland, AFLS Geraldton/Broome,
Nirrumbuk, Ashburton Ab Corp
South Hedland, Kimberley District
Education Office, MOSAC.

Hobbies:

Gardening, fishing, shelling,
walking on country, sunsets and
colours of it, love nature.

Passions:

For our Mob! Encourage,
Empathy, Empower

Stay
strong –
in mind,
and soul.

Barton Tanner

Sydney born, Jewish Australian

Facilitator Change 'Em Ways Broome



My Why:

I love the philosophy that “human beings have two types of being, being together & being in nature”. I am motivated to support people on their journey to reconnect with themselves, the people around them and the natural world. Inevitably this will bring more joy and fun into peoples worlds and fun is the gateway to full self expression.

Timeline:

I grew up in Sydney’s eastern suburbs (Bondi). When I finished school I went and lived over in the middle east for about 18 months, studying informal education and delivering programs with kids in local communities. I worked coaching sports and PT work until 2013 when I launched my company which was in outdoor group training. Moved to Broome with my wife at the beginning of 2022. Worked on the Transition to Work program at KRCl until the start of the this year and came across to join the Change 'Em Ways Team.

Hobbies:

BJJ, touch rugby, NRL, reading, skiing and yoga

Passions:

Walking on the beach with my wife and the dogs, travel, learning & studying, being in nature.

It's better
to be a warrior
in a garden,
than a
gardener in a
war.

Karen Koster

Jabirr Jabirr/Bard/Yawuru

Facilitator Change 'Em Ways Communities



My Why:

I grew up with family violence and want to help with the change.

Timeline:

Marnja Jarndu women's refuge,
HYPE and Drop-in Centre,
Save the Children, Nirrumbuk
Employment Services
/Nirrumbuk Enterprises,
Co-Facilitator CEW
Communities.

Hobbies:

Camping, fishing and jewellery making.

Passions:

I am passionate about
Aboriginal affairs and
improving the social, mental
and physical welfare of
Aboriginal people.

One of our great
Aboriginal academic
leaders learnt early
on in her career:
“the world is run by
those who show up”

Andrew Langford

German, English.

Facilitator Change 'Em Ways Communities



My Why:

A purpose in life, to help in the journey of one looking for change.

Hobbies:

Music, gardening philosophy, under water basket weaving, palaeontology.

Passions:

Reading psychology and the marvels of the functioning brain.

Timeline:

Joined the CEW Communities as male Co-Facilitator in January 2023.

“We can easily forgive a child who is afraid of the dark; the real tragedy of life is when men are afraid of the light.”
Plato

Buffy Lefroy

English, Yamatji, Noongar, Irish

Support Worker Strong Women, Strong Families



My Why:

Advocating for those who can't speak up for equity, equal rights and justice.

Timeline:

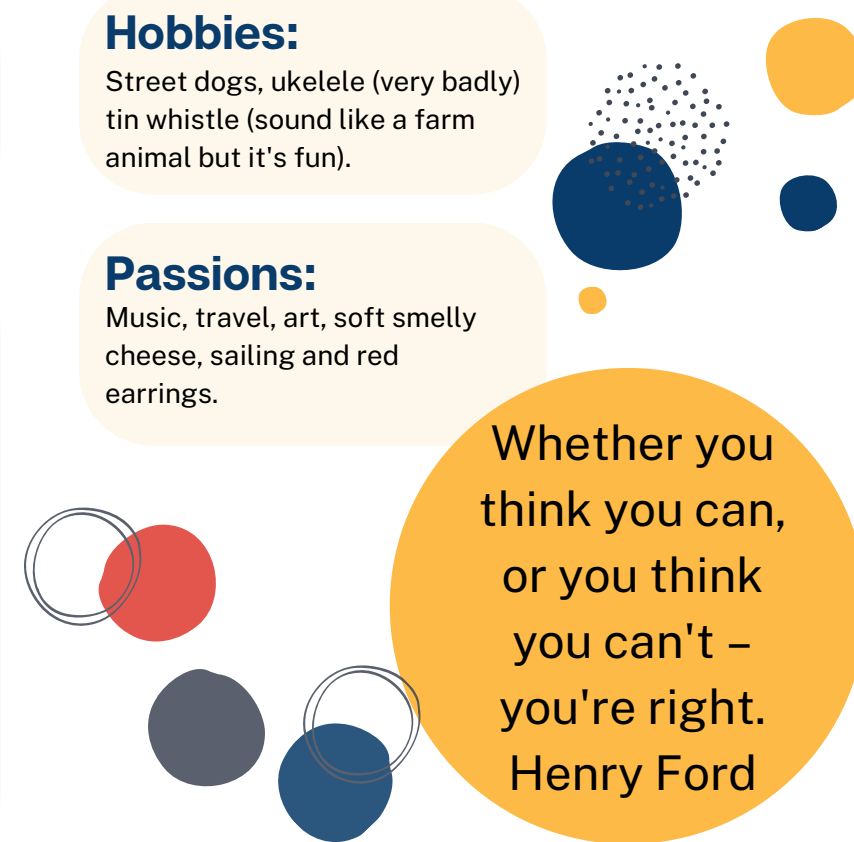
1987 – 91 visited Broome playing in bands. 1993 moved to Broome and worked as musician, chipped pearl shell, deck hand, gardener, cleaner, mining, traveler, bar work, APB Fitzroy River, deck crew. 2004 – Uni Notre Dame BA Couns. BA Arts worked in Employment services, Family and Domestic Violence services, Legal services, Mental Health, Homelessness sector and currently Change Em Ways Partner Support.

Hobbies:

Street dogs, ukelele (very badly) tin whistle (sound like a farm animal but it's fun).

Passions:

Music, travel, art, soft smelly cheese, sailing and red earrings.



Whether you think you can, or you think you can't – you're right. Henry Ford