

# Pablo Lane

## Team Leader Men's Health & Wellbeing



### My Why:

I started my working life as a qualified mechanic and then I went into social work. I try to help my people and build on our security, our connections and our culture. From working with young mob and to our Elders.

### Hobbies:

I like playing chess, fishing. I really like cooking and trying new foods.

### Passions:

My kids and my family.

### Timeline:

I started with MOSAC in 2025, here for the long haul.

Change will not come if we wait for some other person or some other time. We are the ones we've been waiting for. We are the change that we seek

# David Cox

Beagle Bay, Nimanburr



## Support Worker Men's Health & Wellbeing

### My Why:

I'm deeply passionate about supporting my community and creating meaningful connections with others. Growing up in this region, I've developed a strong understanding of the local culture and traditions, which I use to make a positive impact. With a commitment to helping people, I aim to reconnect individuals with their cultural heritage while giving back to the community that shaped me.

### Timeline:

With experience as a Health Practitioner at BRAMS and KAMS, a Youth Support Worker at the Broome Youth Family Hub, and a Teacher's Assistant, I've had the opportunity to contribute to the well-being and development of individuals in my community. Each role has allowed me to support people in meaningful ways and strengthen my commitment to making a positive impact.

### Hobbies:

I enjoy spending time outdoors and connecting with my family — whether it's fishing, camping, or just making the most of quality time with loved ones. I'm also passionate about sports, especially footy and basketball, and I find hunting to be a great way to relax and stay active.

### Passions:

I am driven by my passion for giving back to the community. Whether through my professional work or personal pursuits, I'm dedicated to creating positive change and supporting others. For me, working in my community is not just a job — it's a way of life and a constant source of inspiration.

Spending time with friends and family is what makes life truly meaningful.

Ph: 0456 411 625

Email: [David.Cox@mensoutreach.org.au](mailto:David.Cox@mensoutreach.org.au)

Men's Health & Wellbeing is based at Hamersley St (next to the Police Station)